

XXXII. 100km - Lauf von Grünheide/Kienbaum am 24.03.2012



Ergebnisliste nach Geschlecht mit AK-Wertung - 100 km

Pl.	AK	Snr.	Name	Verein (Wohnort)	NAT	Ziel	
100 km							
Frauen							
1.	1. W35	129	DURRY, Simone	TG Neuss	GER	8:57:22	
			00:26:23 (26:23)	00:53:04 (26:42)	01:19:22 (26:18)	01:45:07 (25:45)	02:11:11 (26:05)
			02:36:38 (25:27)	03:02:20 (25:42)	03:27:51 (25:32)	03:53:22 (25:32)	04:19:01 (25:39)
			04:44:51 (25:51)	05:11:13 (26:23)	05:39:53 (28:41)	06:07:28 (27:36)	06:36:13 (28:45)
			07:05:23 (29:11)	07:33:34 (28:11)	08:01:45 (28:12)	08:30:39 (28:54)	08:57:22 (26:43)
2.	1. W40	162	NEUMANN, Petra	ESV Lock Zwickau	GER	9:18:26	
			00:25:28 (25:28)	00:52:11 (26:43)	01:19:19 (27:09)	01:46:24 (27:06)	02:13:34 (27:10)
			02:40:41 (27:07)	03:07:50 (27:09)	03:34:38 (26:48)	04:01:27 (26:50)	04:28:35 (27:09)
			04:56:09 (27:34)	05:24:29 (28:21)	05:53:14 (28:45)	06:22:06 (28:52)	06:51:31 (29:26)
			07:20:54 (29:23)	07:50:54 (30:01)	08:20:59 (30:05)	08:50:56 (29:58)	09:18:26 (27:31)
3.	2. W40	195	BAHLCKE, Annett	LG Nord Berlin	GER	9:21:33	
			00:26:33 (26:33)	00:53:07 (26:35)	01:19:22 (26:15)	01:46:29 (27:07)	02:12:39 (26:11)
			02:38:54 (26:15)	03:05:22 (26:29)	03:31:59 (26:38)	03:59:02 (27:03)	04:27:01 (28:00)
			04:54:19 (27:18)	05:22:38 (28:19)	05:51:27 (28:50)	06:20:40 (29:14)	06:49:24 (28:45)
			07:20:05 (30:41)	07:50:54 (30:50)	08:20:23 (29:29)	08:50:54 (30:32)	09:21:33 (30:39)
	W45	163	PAWZIK, Heike	LG Nord Berlin	GER	DNF	
			00:35:15 (35:15)	01:10:15 (35:00)	01:45:31 (35:17)	02:20:13 (34:42)	02:55:39 (35:27)
			03:31:25 (35:46)	04:08:08 (36:44)	04:45:56 (37:49)	05:23:53 (37:57)	06:02:51 (38:58)
			06:45:38 (42:48)	07:26:31 (40:53)	08:08:50 (42:20)	08:51:17 (42:27)	09:34:55 (43:39)
			10:18:53 (43:59)	11:03:14 (44:21)	11:48:27 (45:13)	12:34:07 (45:41)	()
	W65	119	SCHNEIDER, Margitta	DUV	GER	DNF	
			00:35:15 (35:15)	01:10:15 (35:00)	01:45:38 (35:23)	02:20:09 (34:32)	02:55:02 (34:54)
			03:30:44 (35:42)	04:07:38 (36:55)	04:45:08 (37:30)	05:22:48 (37:41)	06:01:51 (39:03)
			06:40:55 (39:05)	07:21:59 (41:05)	08:07:28 (45:29)	08:51:16 (43:48)	09:34:55 (43:40)
			10:18:53 (43:58)	11:06:20 (47:28)	11:55:40 (49:21)	12:46:38 (50:58)	()
	W70	116	EICHNER, Sigrid	100 Marathon Club	GER	DNF	
			00:35:47 (35:47)	01:10:18 (34:31)	01:45:33 (35:15)	02:22:10 (36:38)	02:58:09 (36:00)
			03:35:46 (37:37)	04:13:53 (38:08)	04:54:01 (40:08)	05:37:28 (43:28)	06:22:40 (45:13)
			07:08:55 (46:15)	07:55:18 (46:24)	08:42:23 (47:05)	09:28:43 (46:21)	10:14:47 (46:04)
			11:01:55 (47:09)	11:49:47 (47:53)	12:38:19 (48:32)	()	()
	W45	141	ANGOLINI, Bianka	Schlaubetal - Marathon	GER	DNF	
			00:30:01 (30:01)	01:01:00 (30:59)	01:31:00 (30:00)	02:01:03 (30:03)	02:45:00 (43:57)
			03:21:49 (36:49)	04:02:14 (40:25)	04:41:10 (38:56)	05:24:18 (43:09)	06:05:58 (41:40)
			07:14:27 (68:29)	07:59:58 (45:31)	08:44:41 (44:44)	09:54:21 (69:41)	10:40:06 (45:45)
			11:22:35 (42:30)	()	()	()	()
	W50	159	RUSCHE, Silvia	SUS Olfen	GER	DNF	
			00:29:34 (29:34)	00:59:18 (29:44)	01:30:02 (30:44)	01:59:05 (29:04)	02:28:34 (29:30)
			02:57:45 (29:12)	03:27:35 (29:50)	03:58:14 (30:39)	04:29:53 (31:40)	05:03:04 (33:11)
			05:35:58 (32:54)	06:16:03 (40:06)	()	()	()
			()	()	()	()	()
Männer							
1.	1. M35	136	LEU, Oliver	LG Bremen Nord	GER	7:29:41	
			00:23:08 (23:08)	00:44:56 (21:49)	01:06:51 (21:55)	01:28:35 (21:44)	01:50:24 (21:50)
			02:12:14 (21:51)	02:34:08 (21:54)	02:56:10 (22:03)	03:18:17 (22:08)	03:40:26 (22:10)
			04:02:52 (22:26)	04:25:28 (22:36)	04:48:00 (22:33)	05:10:44 (22:44)	05:33:41 (22:57)
			05:56:53 (23:12)	06:20:07 (23:15)	06:43:47 (23:41)	07:07:10 (23:24)	07:29:41 (22:31)
2.	2. M35	125	EPPELSHEIMER, Sven	A3K Berlin	GER	8:11:51	
			00:24:30 (24:30)	00:48:45 (24:16)	01:13:55 (25:11)	01:38:46 (24:51)	02:03:21 (24:35)
			02:26:08 (22:48)	02:47:46 (21:38)	03:09:36 (21:51)	03:31:41 (22:05)	03:54:47 (23:06)
			04:19:48 (25:02)	04:45:40 (25:53)	05:14:01 (28:22)	05:37:59 (23:58)	06:02:40 (24:41)
			06:28:06 (25:26)	06:54:18 (26:13)	07:20:38 (26:20)	07:46:02 (25:25)	08:11:51 (25:49)
3.	1. M40	256	VANICEK, Michael	LG Nord Berlin	GER	8:13:54	
			00:23:56 (23:56)	00:48:30 (24:35)	01:13:51 (25:21)	01:38:15 (24:24)	02:01:24 (23:10)
			02:25:26 (24:02)	02:49:06 (23:41)	03:12:38 (23:33)	03:36:33 (23:55)	04:00:27 (23:54)
			04:25:11 (24:44)	04:49:38 (24:28)	05:14:20 (24:43)	05:38:41 (24:21)	06:03:03 (24:23)
			06:29:03 (26:00)	06:55:02 (26:00)	07:21:30 (26:28)	07:47:29 (26:00)	08:13:54 (26:25)
4.	1. M55	103	BERNDSTROTMANN, Karl	SUS Olfen	GER	8:17:44	
			00:23:52 (23:52)	00:47:36 (23:44)	01:10:51 (23:15)	01:33:52 (23:02)	01:56:30 (22:38)
			02:19:16 (22:46)	02:42:19 (23:03)	03:05:40 (23:22)	03:29:30 (23:50)	03:53:26 (23:56)
			04:17:31 (24:06)	04:41:54 (24:23)	05:07:13 (25:20)	05:33:19 (26:07)	06:00:13 (26:55)
			06:26:27 (26:14)	06:53:19 (26:53)	07:21:58 (28:40)	07:49:52 (27:54)	08:17:44 (27:52)

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Pl.	AK	Snr.	Name	Verein (Wohnort)	NAT	Ziel
5.	1. M45	52	BAUDEK, Gerald 00:23:52 (23:52) 02:19:16 (22:46) 04:17:31 (24:05) 06:38:18 (27:44)	ASC Marathon FB 00:47:36 (23:45) 02:42:19 (23:04) 04:45:41 (28:11) 07:06:25 (28:07)	GER	8:28:15 01:10:51 (23:15) 03:05:41 (23:22) 05:17:17 (31:37) 07:33:42 (27:17) 01:33:53 (23:02) 03:29:31 (23:51) 05:42:30 (25:13) 08:03:04 (29:22) 01:56:31 (22:39) 03:53:26 (23:56) 06:10:35 (28:06) 08:28:15 (25:11)
6.	2. M45	192	PROCHHASKA, Jan 00:23:55 (23:55) 02:30:06 (26:04) 04:40:16 (26:18) 06:54:21 (27:01)	LG Nord Berlin 00:48:30 (24:36) 02:55:35 (25:29) 05:07:16 (27:00) 07:21:30 (27:10)	GER	8:36:22 01:13:52 (25:22) 03:21:19 (25:45) 05:33:44 (26:29) 07:47:29 (26:00) 01:39:01 (25:10) 03:47:24 (26:06) 06:00:13 (26:30) 08:12:35 (25:06) 02:04:03 (25:02) 04:13:59 (26:36) 06:27:20 (27:07) 08:36:22 (23:48)
7.	3. M45	133	HORSCHIG, Kai 00:23:55 (23:55) 02:29:57 (25:56) 04:40:17 (26:18) 06:54:21 (27:02)	TSG Schopfheim 00:48:30 (24:36) 02:55:34 (25:38) 05:07:16 (27:00) 07:21:48 (27:27)	GER	8:49:09 01:13:51 (25:22) 03:21:09 (25:35) 05:33:44 (26:29) 07:49:54 (28:07) 01:39:01 (25:11) 03:47:24 (26:15) 06:00:13 (26:30) 08:20:11 (30:17) 02:04:01 (25:01) 04:14:00 (26:36) 06:27:20 (27:07) 08:49:09 (28:58)
8.	3. M35	43	HOESL, Patrick 00:29:34 (29:34) 02:56:17 (29:31) 05:11:03 (20:21) 07:15:43 (25:36)	DUV 00:58:40 (29:07) 03:24:31 (28:15) 05:37:54 (26:51) 07:41:17 (25:34)	GER	8:54:29 01:28:33 (29:53) 03:53:47 (29:17) 06:03:18 (25:25) 08:06:31 (25:15) 01:58:16 (29:43) 04:22:21 (28:34) 06:28:49 (25:31) 08:28:23 (21:53) 02:26:46 (28:31) 04:50:42 (28:22) 06:50:07 (21:19) 08:54:29 (26:06)
9.	4. M45	60	THIEME, Günter 00:25:29 (25:29) 02:40:41 (27:08) 04:50:14 (26:24) 07:07:35 (27:24)	TSG Glauchau 00:52:12 (26:44) 03:06:34 (25:53) 05:17:24 (27:11) 07:34:58 (27:23)	GER	8:57:17 01:19:19 (27:08) 03:31:39 (25:05) 05:45:16 (27:53) 08:02:30 (27:33) 01:46:25 (27:06) 03:57:34 (25:56) 06:13:01 (27:45) 08:29:46 (27:17) 02:13:34 (27:10) 04:23:50 (26:16) 06:40:11 (27:11) 08:57:17 (27:31)
10.	1. M50	160	WEIS, Ralf 00:23:55 (23:55) 02:29:57 (25:56) 04:42:56 (27:12) 07:09:23 (31:13)	SG Neukirchen-Hülchrath 00:48:29 (24:35) 02:55:34 (25:38) 05:10:04 (27:08) 07:37:49 (28:26)	GER	9:04:44 01:13:51 (25:22) 03:21:06 (25:33) 05:38:09 (28:06) 08:05:22 (27:33) 01:39:01 (25:11) 03:47:58 (26:52) 06:06:12 (28:03) 08:35:20 (29:59) 02:04:02 (25:01) 04:15:45 (27:47) 06:38:11 (31:59) 09:04:44 (29:24)
11.	5. M45	131	THOMS, Stu 00:29:43 (29:43) 02:55:42 (28:53) 05:16:44 (27:42) 07:32:27 (25:47)	SV 1919 Woltersdorf 00:59:42 (29:59) 03:23:51 (28:10) 05:44:59 (28:15) 07:58:49 (26:23)	GER	9:14:49 01:28:41 (29:00) 03:52:20 (28:30) 06:13:04 (28:06) 08:25:00 (26:12) 01:58:16 (29:35) 04:20:28 (28:08) 06:40:17 (27:13) 08:46:27 (21:27) 02:26:50 (28:35) 04:49:03 (28:35) 07:06:41 (26:24) 09:14:49 (28:23)
12.	2. M50	122	MUHS, Matthias 00:23:56 (23:56) 02:29:58 (25:56) 04:41:28 (27:29) 07:16:13 (29:54)	TV Fürstenwalde 00:48:30 (24:35) 02:55:35 (25:38) 05:10:33 (29:06) 07:46:15 (30:02)	GER	9:16:38 01:13:52 (25:22) 03:21:24 (25:49) 05:40:56 (30:24) 08:14:59 (28:44) 01:38:56 (25:04) 03:47:24 (26:01) 06:14:13 (33:17) 08:45:27 (30:29) 02:04:02 (25:07) 04:14:00 (26:36) 06:46:20 (32:07) 09:16:38 (31:12)
13.	3. M50	148	HOPP, Michael 00:26:39 (26:39) 02:40:46 (26:47) 04:58:03 (27:43) 07:24:11 (29:48)	ESV Lok Potsdam 00:53:56 (27:18) 03:07:37 (26:52) 05:26:36 (28:34) 07:54:30 (30:19)	GER	9:23:35 01:20:29 (26:33) 03:34:48 (27:11) 05:55:36 (29:01) 08:24:32 (30:03) 01:47:13 (26:44) 04:02:03 (27:15) 06:24:52 (29:16) 08:54:49 (30:17) 02:14:00 (26:48) 04:30:20 (28:17) 06:54:24 (29:33) 09:23:35 (28:47)
14.	4. M50	56	BULTMANN, Jürgen 00:25:29 (25:29) 02:36:13 (25:46) 04:44:34 (26:38) 07:22:31 (36:20)	VC Nienburg 00:52:09 (26:41) 03:01:11 (24:59) 05:10:47 (26:14) 07:50:53 (28:23)	GER	9:24:55 01:18:38 (26:30) 03:26:27 (25:16) 05:38:00 (27:13) 08:26:22 (35:29) 01:44:22 (25:44) 03:51:38 (25:11) 06:10:26 (32:27) 08:56:26 (30:04) 02:10:28 (26:07) 04:17:56 (26:19) 06:46:11 (35:46) 09:24:55 (28:29)
15.	5. M50	45	RETZLAFF, Harald 00:27:12 (27:12) 02:43:41 (27:28) 05:02:00 (28:05) 07:30:25 (30:14)	BSG Springorum Bochum 00:54:22 (27:10) 03:11:17 (27:37) 05:31:04 (29:04) 08:02:06 (31:41)	GER	9:36:31 01:21:24 (27:02) 03:39:28 (28:11) 06:01:20 (30:16) 08:33:49 (31:43) 01:48:37 (27:14) 04:06:15 (26:47) 06:30:41 (29:22) 09:05:10 (31:21) 02:16:13 (27:37) 04:33:56 (27:41) 07:00:12 (29:31) 09:36:31 (31:22)
16.	6. M45	155	GREWE, Uwe 00:26:34 (26:34) 02:40:36 (27:06) 04:59:06 (28:34) 07:31:19 (32:33)	(Fröndenberg) 00:53:21 (26:48) 03:08:02 (27:26) 05:27:58 (28:52) 08:03:34 (32:16)	GER	9:37:16 01:20:13 (26:53) 03:35:22 (27:20) 05:57:31 (29:33) 08:35:01 (31:27) 01:46:56 (26:43) 04:02:46 (27:24) 06:27:31 (30:01) 09:06:13 (31:12) 02:13:31 (26:36) 04:30:33 (27:48) 06:58:46 (31:15) 09:37:16 (31:04)
17.	6. M50	111	GANTER, Martin 00:29:12 (29:12) 02:56:44 (29:06) 05:23:27 (29:57) 07:48:50 (28:50)	DUV 00:58:26 (29:15) 03:26:35 (29:52) 05:53:08 (29:41) 08:18:06 (29:17)	GER	9:45:40 01:28:33 (30:07) 03:55:49 (29:14) 06:22:14 (29:07) 08:47:01 (28:56) 01:57:51 (29:19) 04:24:34 (28:46) 06:51:31 (29:17) 09:16:03 (29:02) 02:27:39 (29:48) 04:53:30 (28:56) 07:20:01 (28:31) 09:45:40 (29:37)
18.	7. M50	33	BÖSS, Wolfgang 00:25:57 (25:57) 02:42:43 (28:09) 05:06:21 (29:57) 07:47:38 (32:14)	Creußen 00:53:15 (27:19) 03:10:20 (27:38) 05:37:49 (31:29) 08:20:19 (32:41)	GER	9:53:09 01:21:07 (27:53) 03:38:47 (28:27) 06:09:45 (31:57) 08:52:40 (32:22) 01:48:02 (26:55) 04:07:32 (28:46) 06:42:33 (32:48) 09:24:35 (31:55) 02:14:34 (26:33) 04:36:24 (28:52) 07:15:25 (32:53) 09:53:09 (28:35)

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Ergebnisliste nach Geschlecht mit AK-Wertung - 100 km

Pl.	AK	Snr.	Name	Verein (Wohnort)	NAT	Ziel
19.	7. M45	105	ROTHE, Gunter 00:26:58 (26:58) 02:39:27 (27:29) 05:00:30 (29:20) 07:45:22 (34:50)	Lauffeuer Fröttstädt	GER	10:03:57 01:19:25 (26:18) 03:34:45 (28:07) 06:01:54 (31:24) 08:59:05 (33:19)
20.	4. M35	115	WOITYNEK, Martin 00:27:42 (27:42) 02:45:35 (27:04) 05:09:51 (30:15) 07:53:28 (33:51)	KSP Kniebeuge 98	GER	10:17:05 01:23:26 (28:02) 03:41:06 (27:59) 06:13:08 (31:40) 09:04:13 (35:41)
21.	1. M60	121	DIERKOPF, Hans-Joachim 00:25:13 (25:13) 02:43:15 (28:42) 05:15:17 (32:37) 08:08:22 (34:37)	Bernauer Lauffreunde	GER	10:26:23 01:18:34 (27:12) 03:41:24 (29:09) 06:23:36 (34:01) 09:19:17 (35:58)
22.	1. M30	156	MEIKSTAT, Gunnar 00:29:47 (29:47) 02:59:05 (29:37) 05:27:38 (29:53) 08:05:57 (32:16)	Berlin	GER	10:27:27 01:29:27 (29:31) 03:58:16 (29:35) 06:28:31 (30:41) 09:15:05 (35:52)
23.	2. M55	106	DARKOW, Stefan 00:27:55 (27:55) 02:52:08 (29:13) 05:21:30 (30:32) 08:07:47 (34:43)	Lauffüchse Niederlehme	GER	10:27:34 01:24:23 (28:17) 03:50:54 (29:20) 06:24:45 (32:20) 09:17:16 (34:46)
24.	8. M50	194	FRUNZKE, Thomas 00:26:23 (26:23) 02:45:39 (28:14) 05:12:13 (29:47) 08:01:53 (32:44)	(Storkow)	GER	10:29:33 01:21:05 (27:48) 03:43:31 (28:57) 06:20:28 (35:46) 09:16:58 (38:38)
25.	5. M35	255	THIEL, Sebastian 00:28:33 (28:33) 02:50:35 (28:22) 05:17:54 (32:49) 08:23:20 (35:26)	(Berlin)	GER	10:31:13 01:25:11 (28:08) 03:47:12 (27:57) 06:32:10 (40:45) 09:32:48 (33:54)
26.	2. M40	145	THEMM, Thorsten 00:29:50 (29:50) 03:02:57 (29:20) 05:32:04 (31:09) 08:16:09 (34:25)	ALG VFL - Bokel	GER	10:36:27 01:31:37 (30:55) 04:01:36 (29:42) 06:35:58 (32:39) 09:27:13 (35:49)
27.	6. M35	139	PANSKUS, Falk 00:28:49 (28:49) 02:50:41 (28:53) 05:24:38 (32:12) 08:07:13 (34:11)	LT Altwarmbuechen	GER	10:52:37 01:25:09 (28:06) 03:51:21 (30:39) 06:28:23 (32:35) 09:22:55 (37:03)
28.	9. M50	124	JANISZEWSKI, Günter 00:27:13 (27:13) 02:47:03 (28:31) 05:30:40 (34:52) 08:17:22 (36:00)	DUV	GER	10:52:38 01:22:11 (27:16) 03:46:44 (30:44) 06:35:51 (31:09) 09:27:56 (36:47)
29.	2. M60	143	STEINBRECHER, Diethard 00:30:30 (30:30) 03:04:01 (30:42) 05:48:29 (34:15) 08:35:29 (34:13)	100 Marathon Club	GER	10:57:17 01:31:41 (30:14) 04:08:41 (32:47) 06:54:32 (33:29) 09:45:25 (35:36)
30.	10. M50	127	TZUR, Ronny 00:28:33 (28:33) 02:50:41 (28:53) 05:25:03 (32:18) 08:19:59 (37:40)	Stahnsdorf	USA	11:04:43 01:25:10 (28:08) 03:51:15 (30:33) 06:30:30 (34:03) 09:42:16 (39:47)
31.	11. M50	191	FENZ, Hendrik 00:29:17 (29:17) 02:52:46 (28:25) 05:30:26 (34:11) 08:29:10 (38:35)	(Hamburg)	GER	11:11:33 01:26:34 (29:30) 03:53:04 (29:19) 06:40:04 (36:41) 09:44:20 (39:01)
32.	3. M40	40	ZIMMERMANN, Joerg 00:30:03 (30:03) 03:13:20 (33:15) 06:08:03 (36:21) 09:13:43 (37:12)	Halberstadt	GER	11:35:50 01:34:09 (32:57) 04:21:32 (34:08) 07:21:54 (37:08) 10:27:24 (36:48)

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Ergebnisliste nach Geschlecht mit AK-Wertung - 100 km

Pl.	AK	Snr.	Name	Verein (Wohnort)	NAT	Ziel
33.	3. M55	142	BOHN, Gunter 00:29:44 (29:44) 03:01:03 (31:09) 06:03:03 (38:07) 09:09:49 (39:16)	GMRLV 00:59:31 (29:48) 03:33:53 (32:50) 06:39:53 (36:51) 09:47:48 (38:00)	GER	11:40:02 01:29:03 (29:32) 04:08:02 (34:10) 07:16:12 (36:19) 10:26:01 (38:14) 01:59:18 (30:15) 04:44:31 (36:30) 07:52:46 (36:34) 11:04:12 (38:11) 02:29:54 (30:37) 05:24:57 (40:26) 08:30:34 (37:49) 11:40:02 (35:51)
34.	12. M50	24	HAHN, Ronald 00:28:50 (28:50) 03:02:46 (31:25) 05:56:42 (34:52) 09:08:28 (38:17)	DUV 00:58:40 (29:51) 03:36:34 (33:49) 06:34:53 (38:12) 09:48:16 (39:49)	GER	11:43:54 01:29:37 (30:57) 04:10:51 (34:17) 07:12:33 (37:40) 10:28:50 (40:34) 02:00:12 (30:36) 04:47:10 (36:20) 07:51:02 (38:29) 11:05:49 (36:59) 02:31:21 (31:10) 05:21:51 (34:41) 08:30:11 (39:10) 11:43:54 (38:05)
35.	1. M20	27	TRAEDER, Martin 00:29:47 (29:47) 03:04:34 (30:14) 05:44:13 (34:04) 08:57:16 (41:27)	100 Marathon Club 01:02:04 (32:17) 03:34:14 (29:40) 06:18:45 (34:32) 09:36:02 (38:47)	GER	11:46:15 01:32:26 (30:23) 04:04:45 (30:32) 06:56:16 (37:32) 10:20:13 (44:11) 02:03:27 (31:01) 04:37:49 (33:04) 07:36:19 (40:03) 11:08:11 (47:59) 02:34:20 (30:54) 05:10:10 (32:21) 08:15:49 (39:31) 11:46:15 (38:05)
36.	13. M50	54	HELLWIG, Klaus-Dieter 00:26:13 (26:13) 02:42:04 (28:07) 05:15:22 (36:53) 08:38:15 (39:57)	Münchberg 00:53:06 (26:53) 03:10:36 (28:33) 05:52:16 (36:54) 09:22:17 (44:03)	GER	11:53:27 01:20:36 (27:30) 03:39:29 (28:53) 06:35:49 (43:33) 10:08:41 (46:24) 01:47:09 (26:33) 04:08:23 (28:55) 07:15:55 (40:07) 10:58:13 (49:33) 02:13:57 (26:49) 04:38:29 (30:06) 07:58:19 (42:24) 11:53:27 (55:14)
	M40	29	TASIDIS, Archontis 00:26:42 (26:42) 02:43:42 (28:11) 05:15:00 (32:47) 08:43:45 (61:34)	Übach 00:54:22 (27:40) 03:11:22 (27:40) 05:48:19 (33:19) 09:35:04 (51:19)	GER	DNF 01:21:17 (26:56) 03:40:08 (28:47) 06:23:02 (34:44) 10:27:10 (52:06) 01:48:09 (26:53) 04:09:50 (29:42) 06:59:39 (36:37) 11:16:30 (49:21)
	M35	108	RICHTER, Andreas 00:33:40 (33:40) 03:30:33 (38:00) 07:48:56 (76:56) ()	Hohenbocka 01:08:14 (34:35) 04:08:56 (38:24) 08:38:38 (49:42) ()	GER	DNF 01:42:25 (34:11) 04:53:43 (44:47) 09:40:29 (61:52) () 02:16:36 (34:11) 05:35:43 (42:00) 10:49:04 (68:35) () 02:52:33 (35:58) 06:32:01 (56:19) 11:46:38 (57:35) ()
	M60	161	EBERLE, Dietrich 00:33:24 (33:24) 03:28:06 (35:38) 06:39:20 (40:33) ()	1974 Marathon Verein 01:07:20 (33:56) 04:04:37 (36:32) 07:20:54 (41:35) ()	GER	DNF 01:42:00 (34:41) 04:41:22 (36:45) 08:10:13 (49:20) () 02:16:40 (34:40) 05:19:21 (38:00) () 02:52:28 (35:48) 05:58:47 (39:26) () ()
	M35	109	TRTSCHKA, Frank 00:25:30 (25:30) 02:41:53 (26:26) 05:02:15 (29:00) ()	LC Oelsnitz - Erzgebirge 00:52:07 (26:37) 03:08:40 (26:47) 05:45:15 (43:01) ()	GER	DNF 01:18:19 (26:13) 03:35:50 (27:11) () 01:44:47 (26:29) 04:03:39 (27:49) () 02:15:27 (30:40) 04:33:15 (29:37) () ()
	M30	100	BRANDL, Johannes 00:29:28 (29:28) 02:37:24 (25:11) 00:02:18 () ()	DUV 00:55:48 (26:21) 03:03:12 (25:49) () ()	GER	DNF 01:21:43 (25:56) 03:29:07 (25:56) () 01:47:18 (25:36) 03:55:21 (26:15) () 02:12:13 (24:55) 04:22:09 (26:48) () ()
	M35	164	JÄNICKE, Marc Cornelius 00:24:19 (24:19) 02:27:17 (23:56) 04:24:45 (24:35) ()	(Berlin) 00:48:30 (24:12) 02:50:48 (23:32) () ()	GER	DNF 01:13:55 (25:25) 03:13:10 (22:23) () 01:39:02 (25:07) 03:36:25 (23:15) () 02:03:21 (24:20) 04:00:11 (23:47) () ()
	M40	196	ZIEFLE, Herbert 00:26:33 (26:33) 02:38:53 (26:15) 05:22:38 (55:37) ()	BSG Fiducia IT AG 00:53:07 (26:35) 03:05:22 (26:29) () ()	GER	DNF 01:19:22 (26:15) 03:31:59 (26:38) () 01:46:29 (27:07) 03:59:02 (27:03) () 02:12:39 (26:11) 04:27:01 (28:00) () ()
	M55	154	HILDEBRANDT, Reimond 00:26:57 (26:57) 02:52:12 (32:49) 06:07:41 (44:48) ()	Groß Kreuz 00:53:23 (26:26) 03:27:10 (34:58) () ()	GER	DNF 01:21:05 (27:43) 04:03:19 (36:10) () 01:49:21 (28:17) 04:41:34 (38:15) () 02:19:24 (30:04) 05:22:53 (41:20) () ()
	M35	193	MARSCHALLEK, Stephan 00:30:24 (30:24) 02:57:21 (29:31) () ()	TV Fürstenwalde 01:01:04 (30:40) 03:28:07 (30:46) () ()	GER	DNF 01:29:37 (28:34) 04:00:43 (32:37) () 01:58:33 (28:57) 04:34:51 (34:09) () 02:27:51 (29:18) 05:13:53 (39:02) () ()
	M60	120	SCHMIDT, Peter 00:28:48 (28:48) 03:01:08 (34:12) () ()	LC Ron - Hill Berlin 00:57:25 (28:37) 03:38:43 (37:36) () ()	GER	DNF 01:26:08 (28:43) 04:23:56 (45:13) () 01:55:30 (29:23) 05:06:58 (43:03) () 02:26:57 (31:27) 06:22:43 (75:45) () ()

XXXII. 100km - Lauf von Grünheide/Kienbaum am 24.03.2012

Ergebnisliste nach Geschlecht mit AK-Wertung - 100 km



Pl.	AK	Snr.	Name	Verein (Wohnort)	NAT	Ziel	
	M65	104	STEUCK, Ekkehard	LC Auensee Leipzig	GER		
			00:35:15 (35:15)	01:10:14 (35:00)	01:45:31 (35:17)	02:25:18 (39:47)	03:02:49 (37:31)
			03:45:54 (43:06)	04:31:02 (45:08)	05:14:39 (43:38)	06:00:48 (46:10)	06:45:07 (44:19)
			0	0	0	0	0
			0	0	0	0	0

Anzahl Teilnehmer: 55