

XXXIX. Internationaler 100km-Lauf von Grünheide/Störitz am 30.03.2019



Ergebnisliste nach Geschlecht mit AK-Wertung - 100 km

Pl.	AK	Snr.	Name	Verein (Wohnort)	NAT	Ziel
100 km						
Frauen						
1.	1. W30	342	HONEK Jennifer	LSG Karlsruhe	GER	8:18:22
			00:23:55 (23:55)	00:47:58 (24:03)	01:12:03 (24:05)	01:35:59 (23:56)
			02:24:30 (24:14)	02:48:57 (24:27)	03:12:58 (24:02)	03:37:14 (24:17)
			04:03:45 (24:24)	04:51:04 (24:53)	05:16:24 (25:20)	05:41:58 (25:35)
			06:34:57 (26:03)	07:00:45 (25:49)	07:26:32 (25:48)	07:52:23 (25:51)
02:00:17 (24:19)						04:01:37 (24:24)
						06:08:54 (26:56)
						08:18:22 (26:00)
2.	2. W30	350	MÜLLER Annette	LG NORD Berlin Ultrateam	GER	8:26:59
			00:24:36 (24:36)	00:49:05 (24:29)	01:14:01 (24:57)	01:38:50 (24:50)
			02:29:11 (25:20)	02:53:57 (24:46)	03:18:54 (24:58)	03:43:45 (24:51)
			04:33:51 (25:15)	04:58:47 (24:56)	05:23:47 (25:01)	05:49:10 (25:23)
			06:39:52 (25:31)	07:05:57 (26:05)	07:32:37 (26:41)	07:59:43 (27:06)
02:03:51 (25:01)						04:08:37 (24:52)
						06:14:21 (25:12)
						08:26:59 (27:16)
Männer						
1.	1. M55	354	SANDNESS Terje	Team Sandness	NOR	7:58:04
			00:20:58 (20:58)	00:41:46 (20:49)	01:02:18 (20:32)	01:22:58 (20:41)
			02:06:24 (22:08)	02:29:46 (23:23)	02:52:24 (22:39)	03:15:50 (23:26)
			04:03:45 (24:24)	04:29:35 (25:50)	04:54:49 (25:14)	05:20:20 (25:32)
			06:12:35 (25:21)	06:38:07 (25:33)	07:05:14 (27:07)	07:32:14 (27:00)
01:44:17 (21:19)						03:39:21 (23:32)
						05:47:14 (26:54)
						07:58:04 (25:51)
2.	1. M40	352	PRÜFER Gaston	LG NORD Berlin Ultrateam	GER	8:16:44
			00:24:36 (24:36)	00:49:38 (25:03)	01:13:08 (23:31)	01:38:33 (25:25)
			02:27:02 (24:16)	02:51:11 (24:09)	03:15:25 (24:14)	03:39:22 (23:58)
			04:27:33 (24:10)	04:52:04 (24:31)	05:17:29 (25:25)	05:43:41 (26:13)
			06:35:45 (26:12)	07:00:59 (25:15)	07:26:19 (25:21)	07:51:17 (24:58)
02:02:47 (24:15)						04:03:23 (24:01)
						06:09:33 (25:52)
						08:16:44 (25:27)
3.	1. M45	340	HANSEN Brian	TEAM Vulk	GER	8:43:39
			00:25:16 (25:16)	00:50:47 (25:31)	01:16:16 (25:30)	01:41:03 (24:48)
			02:32:16 (25:26)	02:57:33 (25:18)	03:22:47 (25:15)	03:48:41 (25:54)
			04:41:02 (26:26)	05:06:47 (25:45)	05:33:05 (26:18)	05:59:38 (26:34)
			06:56:47 (28:51)	07:23:39 (26:52)	07:50:08 (26:29)	08:16:38 (26:31)
02:06:50 (25:47)						04:14:36 (25:56)
						06:27:57 (28:20)
						08:43:39 (27:02)
4.	1. M50	301	BREMER Heiko	TSV Senftenberg	GER	8:59:37
			00:27:21 (27:21)	00:54:24 (27:04)	01:20:26 (26:02)	01:46:43 (26:18)
			02:37:47 (25:33)	03:03:37 (25:50)	03:29:10 (25:33)	03:55:16 (26:07)
			04:48:45 (27:04)	05:15:59 (27:15)	05:43:38 (27:39)	06:11:08 (27:31)
			07:07:03 (28:15)	07:35:51 (28:49)	08:04:39 (28:48)	08:33:27 (28:48)
02:12:15 (25:32)						04:21:41 (26:25)
						06:38:48 (27:40)
						08:59:37 (26:11)
5.	2. M50	341	HAUSDORF Mike	LG Mauerweg Berlin e.V.	GER	9:13:27
			00:27:02 (27:02)	00:53:33 (26:32)	01:20:19 (26:47)	01:46:54 (26:35)
			02:39:08 (25:58)	03:05:39 (26:31)	03:32:23 (26:45)	03:59:16 (26:53)
			04:55:10 (27:41)	05:23:27 (28:18)	05:52:23 (28:57)	06:21:26 (29:03)
			07:19:38 (28:56)	07:48:13 (28:36)	08:16:52 (28:40)	08:45:48 (28:57)
02:13:10 (26:17)						04:27:30 (28:14)
						06:50:42 (29:17)
						09:13:27 (27:39)
6.	2. M45	346	HÖSL Patrick	LG Ultralauf	GER	9:25:54
			00:29:45 (29:45)	00:58:59 (29:15)	01:28:39 (29:41)	01:58:33 (29:55)
			02:58:09 (29:32)	03:27:50 (29:42)	03:57:11 (29:22)	04:26:57 (29:46)
			05:23:53 (27:17)	05:50:55 (27:03)	06:18:01 (27:06)	06:45:37 (27:37)
			07:39:57 (27:44)	08:06:53 (26:56)	08:33:51 (26:58)	08:59:48 (25:57)
02:28:37 (30:05)						04:56:37 (29:40)
						07:12:14 (26:37)
						09:25:54 (26:07)
7.	3. M45	347	KRÜGER Marek	(Ilsenburg)	GER	10:12:30
			00:26:14 (26:14)	00:52:30 (26:16)	01:19:05 (26:35)	01:45:58 (26:54)
			02:39:09 (26:56)	03:05:50 (26:42)	03:32:24 (26:34)	03:59:49 (27:26)
			04:56:26 (28:47)	05:26:03 (29:37)	05:55:55 (29:53)	06:27:12 (31:17)
			07:31:32 (31:59)	08:06:03 (34:32)	08:43:43 (37:40)	09:28:37 (44:55)
02:12:13 (26:16)						04:27:39 (27:51)
						06:59:33 (32:22)
						10:12:30 (43:53)
8.	2. M55	344	HOPP Michael	ESV Lok Potsdam	GER	10:51:35
			00:29:16 (29:16)	00:58:26 (29:10)	01:28:26 (30:01)	01:58:20 (29:54)
			02:59:12 (30:35)	03:30:20 (31:09)	04:01:19 (30:59)	04:33:07 (31:49)
			05:39:08 (32:46)	06:12:39 (33:31)	06:46:41 (34:03)	07:20:56 (34:15)
			08:30:20 (34:41)	09:05:54 (35:35)	09:40:49 (34:55)	10:16:05 (35:17)
02:28:37 (30:17)						05:06:23 (33:16)
						07:55:39 (34:44)
						10:51:35 (35:30)
	M55	356	WEIGERT Matthias	GMRLV	GER	DNF
			00:29:27 (29:27)	00:58:58 (29:31)	01:28:30 (29:33)	01:58:20 (29:50)
			03:00:07 (31:08)	03:30:40 (30:33)	04:02:25 (31:45)	04:35:33 (33:08)
			05:43:41 (34:42)	06:20:55 (37:15)	07:01:41 (40:47)	07:44:37 (42:56)
			09:12:54 (44:25)	09:58:18 (45:25)	10:49:17 (50:59)	10:58:14 (8:58)
02:29:00 (30:40)						05:08:59 (33:27)
						08:28:29 (43:52)
	M55	348	KURTH Andreas	Ski Club Altenau	GER	DNF
			00:33:23 (33:23)	01:04:40 (31:17)	01:36:00 (31:21)	02:07:06 (31:06)
			03:09:35 (31:21)	03:41:31 (31:57)	04:13:44 (32:13)	04:46:21 (32:38)
			05:54:16 (34:33)	06:35:30 (41:14)	07:11:58 (36:29)	07:48:34 (36:37)
02:38:14 (31:09)						05:19:44 (33:23)
						08:33:29 (44:55)
	M55	504	STEINIKE Thomas	SGW 05 Berlin	GER	DNF
			00:34:21 (34:21)	01:06:51 (32:30)	01:39:31 (32:41)	02:14:16 (34:46)
			03:22:09 (36:33)	03:57:24 (35:16)	04:37:40 (40:16)	05:10:40 (33:01)
			06:28:06 (38:57)	07:14:43 (46:38)	07:54:30 (39:47)	08:35:42 (41:12)
02:45:36 (31:20)						05:49:09 (38:30)
						09:21:21 (45:40)

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Pl.	AK	Snr.	Name	Verein (Wohnort)	NAT	Ziel	
	M50	349	LORRAI Valerio	LG Mauerweg Berlin e.V.	GER	DNF	
			00:26:48 (26:48)	00:53:02 (26:15)	01:21:16 (28:14)	01:51:36 (30:21)	02:23:20 (31:45)
			02:58:08 (34:49)	03:36:25 (38:17)	04:15:23 (38:59)	05:02:28 (47:05)	05:40:58 (38:31)
			06:35:51 (54:54)				
	M45	353	RICHTER Torsten	Lauftreff Gördensee / Brandenburg	GER	DNF	
			00:24:35 (24:35)	00:48:56 (24:22)	01:13:07 (24:12)	01:36:57 (23:50)	02:01:46 (24:50)
			02:26:13 (24:27)	02:50:41 (24:29)	03:15:30 (24:49)	03:41:22 (25:53)	04:06:53 (25:31)
	M45	357	WOITYNEK Martin	LG NORD Berlin Ultrateam	GER	DNF	
			00:28:00 (28:00)	00:56:05 (28:06)	01:24:31 (28:26)	01:52:51 (28:21)	02:21:41 (28:50)
			02:50:41 (29:00)	03:20:10 (29:30)	03:51:37 (31:28)	04:26:23 (34:47)	05:06:00 (39:37)

Anzahl Teilnehmer: 16