

XXXIX. Internationaler 50 km-Lauf von Grünheide/Störitz am 30.03.2019



Pl.	AK	Snr.	Name	Verein (Wohnort)	NAT	Ziel
Frauen						
1.	1. W45	379	VON BRONK Claudia 00:26:15 (26:15) 02:39:37 (27:23)	(Langenhagen) 00:52:31 (26:16) 03:06:55 (27:19)	GER 01:18:59 (26:29) 03:34:00 (27:06)	4:29:07 02:12:14 (26:48) 04:29:07 (27:54)
2.	1. W55	363	GERSTMANN Silke 00:30:36 (30:36) 02:59:36 (30:21)	Teufel-Team 01:01:30 (30:55) 03:29:34 (29:58)	GER 01:31:53 (30:24) 04:05:56 (36:22)	5:16:39 02:29:16 (29:04) 05:16:39 (35:51)
		362	EHRENREICH Carmen 00:36:21 (36:21) 03:51:24 (43:51)	'WiB 01:13:25 (37:05) 04:37:59 (46:35)	GER 01:49:57 (36:32) ()	DNF 02:27:07 (37:11) ()
Männer						
1.	1. M40	370	KÜHLBERG Stefan 00:21:27 (21:27) 02:06:50 (20:57)	will.i.amy 00:42:26 (21:00) 02:27:42 (20:52)	GER 01:03:43 (21:18) 02:48:40 (20:59)	3:29:13 01:45:53 (20:54) 03:29:13 (19:58)
2.	2. M40	371	MARQUERING Rene 00:23:35 (23:35) 02:17:06 (22:26)	(Fürstenwalde) 00:46:31 (22:57) 02:39:34 (22:29)	GER 01:09:25 (22:55) 03:02:26 (22:52)	3:49:01 01:54:40 (22:44) 03:49:01 (23:11)
3.	1. MJ U23	374	PADBERG Markus 00:23:22 (23:22) 02:17:55 (22:59)	(Storkow) 00:46:32 (23:10) 02:40:57 (23:03)	GER 01:09:31 (23:00) 03:04:36 (23:39)	3:52:19 01:54:56 (22:29) 03:52:19 (23:50)
4.	1. M45	376	SCHÜTZ Tilo 00:23:56 (23:56) 02:22:17 (24:00)	Wittenberger Laufreserve 00:47:43 (23:48) 02:46:34 (24:18)	GER 01:11:12 (23:29) 03:11:32 (24:58)	4:02:51 01:58:17 (23:36) 04:02:51 (25:22)
5.	1. M50	369	KNOF Hugo 00:24:00 (24:00) 02:25:07 (24:21)	Sv Birkenhard 00:47:33 (23:34) 02:50:07 (25:00)	GER 01:11:00 (23:27) 03:15:55 (25:49)	4:10:13 02:00:46 (24:24) 04:10:13 (28:08)
6.	2. M45	367	JÄNICKE Marc Cornelius 00:26:15 (26:15) 02:39:36 (27:23)	(Berlin) 00:52:31 (26:16) 03:06:55 (27:19)	GER 01:18:59 (26:29) 03:33:59 (27:05)	4:29:07 01:45:26 (26:27) 04:29:07 (27:55)
7.	2. M50	360	CARMESIN Ralf 00:28:38 (28:38) 02:48:30 (27:47)	Spreewald 00:56:55 (28:17) 03:16:55 (28:25)	GER 01:24:50 (27:56) 03:46:24 (29:30)	4:43:18 02:20:44 (28:16) 04:43:18 (28:17)
8.	1. M55	375	ROTHE Carsten 00:28:30 (28:30) 02:53:06 (29:31)	TEA 00:56:45 (28:16) 03:23:58 (30:53)	GER 01:25:31 (28:46) 03:55:02 (31:04)	4:58:08 01:54:26 (28:55) 04:58:08 (32:03)
9.	3. M50	489	DOPMANN Frank 00:28:57 (28:57) 02:52:29 (29:03)	MeckThür-Freunde 00:58:08 (29:12) 03:23:55 (31:26)	GER 01:26:22 (28:14) 03:54:44 (30:49)	4:59:00 01:54:58 (28:37) 04:59:00 (30:57)
10.	4. M50	377	STARGARDT Jörg 00:27:32 (27:32) 02:49:35 (29:19)	LG Mauerweg Berlin e.V. 00:55:17 (27:45) 03:21:14 (31:40)	GER 01:25:44 (30:28) 03:56:09 (34:56)	5:07:08 01:52:36 (26:53) 05:07:08 (36:25)
11.	2. M55	372	MOSCHELL Thomas 00:30:36 (30:36) 02:59:36 (30:21)	Teufel-Team 01:01:30 (30:55) 03:29:34 (29:58)	GER 01:31:53 (30:24) 04:05:55 (36:22)	5:16:39 02:29:16 (29:04) 05:16:39 (35:51)
12.	1. M65	364	HAASIS Hans 00:33:25 (33:25) 03:17:18 (36:16)	(Berlin) 01:05:11 (31:47) 03:51:37 (34:19)	GER 01:36:17 (31:06) 04:27:14 (35:38)	5:39:22 02:08:07 (31:51) 05:39:22 (35:57)
13.	2. M65	361	DREXLER Hans 00:35:43 (35:43) 03:36:19 (37:24)	Lahmsoggen Nation 01:11:23 (35:41) 04:13:24 (37:05)	GER 01:46:55 (35:33) 04:50:55 (37:32)	6:18:48 02:23:00 (36:06) 06:18:48 (44:58)
14.	3. M55	467	STÖDTER Maik 00:34:23 (34:23) 03:24:52 (36:09)	MeckThür-Freunde 01:07:59 (33:37) 04:04:33 (39:42)	GER 01:41:12 (33:14) 04:50:00 (45:27)	6:21:43 02:14:39 (33:27) 06:21:43 (45:25)
		368	KLINKE Andrej 00:32:23 (32:23) 03:12:15 (31:36)	(Hoppegarten) 01:04:19 (31:56) 03:44:11 (31:56)	GER 01:37:06 (32:48) 04:18:49 (34:38)	DNF 02:08:54 (31:49) ()
	M65	359	BORK Roland 00:30:28 (30:28) 03:10:41 (33:29)	Schönefeld-Trail 01:01:21 (30:53) ()	GER 01:34:37 (33:17) ()	DNF 02:05:45 (31:09) ()

Anzahl Teilnehmer: 19