

XL. Internationaler 100 km-Lauf von Grünheide/Störitz am 23.10.2021



Ergebnisliste nach Geschlecht mit AK-Wertung - 12-Stunden-Lauf

Pl.	AK	Snr.	Name	Verein (Wohnort)	NAT	Strecke		
12-Stunden-Lauf								
Frauen								
1.	1.	W45	37	SERRIES, Dorothee	LG Mauerweg Berlin e.V.	GER	101,129	
				33:35 (33:35)	01:07:16 (33:42)	01:41:51 (34:36)	02:14:51 (33:00)	02:48:46 (33:56)
				03:21:28 (32:43)	03:57:11 (35:43)	04:30:32 (33:22)	05:07:00 (36:28)	05:40:24 (33:25)
				06:17:20 (36:55)	06:51:21 (34:01)	07:27:59 (36:37)	08:02:27 (34:28)	08:41:41 (39:13)
				09:17:21 (35:39)	09:55:39 (38:17)	10:32:07 (36:27)	11:09:42 (37:35)	
2.	1.	W80	34	EICHNER, Sigrid	LG Mauerweg Berlin e.V.	GER	62,667	
				53:00 (53:00)	01:45:51 (52:51)	02:39:11 (53:20)	03:34:10 (54:59)	04:31:56 (57:46)
				05:29:08 (57:13)	06:27:26 (58:18)	07:26:58 (59:33)	08:33:04 (66:07)	09:32:28 (59:24)
				10:32:28 (60:00)	11:30:02 (57:33)			
3.	1.	W35	40	MÜLLER, Annette	LG Nord Berlin Ultrateam	GER	35,000	
				29:04 (29:04)	00:57:50 (28:47)	01:26:26 (28:36)	01:56:24 (29:59)	02:26:55 (30:31)
				02:59:55 (33:01)	03:33:54 (33:59)	()	()	()
Männer								
1.	2.	M40	35	REICHERSTORFER, Ludwig	LG Mauerweg Berlin e.V.	GER	120,693	
				28:45 (28:45)	00:57:41 (28:57)	01:25:11 (27:31)	01:53:45 (28:34)	02:21:31 (27:47)
				02:49:32 (28:01)	03:17:58 (28:27)	03:46:52 (28:54)	04:15:54 (29:03)	04:45:17 (29:23)
				05:14:52 (29:35)	05:44:36 (29:44)	06:14:44 (30:07)	06:43:41 (28:56)	07:13:45 (30:04)
				07:44:06 (30:20)	08:14:55 (30:49)	08:45:38 (30:42)	09:16:12 (30:34)	09:47:45 (31:32)
				10:18:49 (31:04)	10:49:33 (30:44)	11:22:08 (32:34)		
2.	1.	M40	42	BÖHM, Willi	Freunde der Pilsette	GER	118,752	
				29:04 (29:04)	00:57:49 (28:46)	01:26:31 (28:42)	01:55:49 (29:18)	02:24:32 (28:44)
				02:54:36 (30:04)	03:23:42 (29:07)	03:53:31 (29:49)	04:22:35 (29:04)	04:51:52 (29:18)
				05:20:59 (29:07)	05:50:25 (29:26)	06:21:47 (31:21)	06:51:27 (29:40)	07:22:07 (30:40)
				07:51:32 (29:24)	08:22:26 (30:53)	08:52:51 (30:25)	09:22:50 (29:58)	09:53:32 (30:42)
				10:26:18 (32:45)	11:00:40 (34:22)			
3.	1.	M35	30	LOCKE, Marco	ESV Lok Zwickau	GER	112,281	
				28:43 (28:43)	00:57:05 (28:23)	01:25:24 (28:19)	01:54:00 (28:36)	02:22:52 (28:53)
				02:51:56 (29:04)	03:21:00 (29:05)	03:50:24 (29:25)	04:20:08 (29:45)	04:50:23 (30:16)
				05:21:35 (31:11)	05:53:33 (31:58)	06:26:29 (32:55)	06:59:23 (32:54)	07:34:29 (35:05)
				08:12:46 (38:17)	08:48:15 (35:28)	09:23:37 (35:22)	09:58:47 (35:09)	10:34:20 (35:33)
				11:09:06 (34:45)				
4.	1.	M50	41	METHLING, Ralf	Rennsteiglaufverein	GER	101,296	
				31:32 (31:32)	01:03:55 (32:24)	01:37:54 (33:59)	02:11:39 (33:46)	02:45:26 (33:47)
				03:19:31 (34:06)	03:54:57 (35:26)	04:28:15 (33:19)	05:03:09 (34:54)	05:37:07 (33:58)
				06:11:52 (34:45)	06:46:43 (34:51)	07:24:02 (37:18)	08:00:29 (36:27)	08:37:12 (36:42)
				09:15:08 (37:56)	09:52:37 (37:28)	10:29:03 (36:26)	11:08:04 (39:01)	
5.	1.	M65	33	BOHN, Gunter	GMRV Kleinmachnow	GER	83,337	
				32:27 (32:27)	01:05:08 (32:41)	01:40:13 (35:06)	02:24:50 (44:37)	03:08:40 (43:51)
				03:52:07 (43:28)	04:36:45 (44:38)	05:17:43 (40:59)	05:59:26 (41:43)	06:43:00 (43:35)
				07:28:03 (45:02)	08:15:10 (47:07)	09:01:50 (46:39)	09:48:43 (46:53)	10:36:32 (47:48)
				11:26:20 (49:47)				
6.	1.	M30	28	TRAEGER, Martin	100 Marathon Club	GER	78,578	
				29:03 (29:03)	01:10:57 (41:55)	01:54:57 (44:01)	02:45:12 (50:15)	03:28:54 (43:43)
				04:13:09 (44:16)	04:50:08 (36:59)	05:26:56 (36:48)	06:11:24 (44:29)	06:58:12 (46:48)
				07:46:12 (47:59)	08:38:36 (52:24)	09:36:49 (58:13)	10:28:35 (51:46)	11:22:57 (54:21)
7.	1.	M70	45	FRIEDL, Mike	LG Mauerweg Berlin e.V.	GER	45,000	
				44:28 (44:28)	01:29:23 (44:55)	02:14:03 (44:41)	02:57:22 (43:19)	03:37:20 (39:59)
				04:18:37 (41:17)	04:57:46 (39:10)	05:38:29 (40:44)	06:27:19 (48:50)	()

Anzahl Teilnehmer: 10